



Grain-Based Desserts in the Child and Adult Care Food Program

Beginning **October 1, 2017**, grain-based desserts will no longer be creditable in the Child and Adult Care Food Program (CACFP) meal patterns. USDA defines “grain-based desserts” as those items denoted with superscripts 3 and 4 in Exhibit A in USDA’s Food Buying Guide for Child Nutrition Programs.

The following is the list of designated grain-based desserts as listed in Exhibit A:

- Cookies
- Dessert pies
- Fruit turnovers
- Doughnuts
- Granola bars
- Sweet rolls
- Toaster pastries
- Grain fruit bars
- Cake
- Coffee cake
- Brownies

References:

Child and Adult Care Food Program: Meal Pattern Revisions Related to the Healthy, Hunger-Free Kids Act of 2010, Final Rule, 81 Fed. Reg. 79 (April 26, 2016). Retrieved from <https://www.gpo.gov/fdsys/pkg/FR-2016-04-25/pdf/2016-09412.pdf>.

Food Buying Guide for Child Nutrition Programs. (Revised January 2008). Grains/Breads (pp. 3-15 – 3-16) Retrieved from <http://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>.